

**University of Thessaly  
Faculty of Health Sciences**

# **Physiotherapy Department MSc "Advanced Physiotherapy"**



## **Evaluation of Alumni (ALUMNI) of MSc**

**November 2022**

**Establishment of an Alumni Committee (EA - Alumni ):** The Assembly of the Department of Physiotherapy with No. 83/21-9-2022 established a three-member **Alumni Committee (EA)** with the aim of promoting the multifaceted interconnection, communication and cooperation of the Department and the MSc with the graduates of the MSc, PPS as well as the future graduates of Doctoral Dissertations.

The EA consists of the following members:

1. Triga Panagiotis, Lecturer of the Physiotherapy Department of the University of Thessaly as President.
2. Constantinos Sourli , Research Teaching Staff (ERDIP) of the Department of Physiotherapy of the University of Thessaly as a member.
3. Melinga Constantinos , Research Teaching Staff (ERDIP) of the Department of Physiotherapy of the University of Thessaly as a member.

**Objectives of the Alumni Committee:** The objectives of this effort, as unanimously co-decided by the General Assembly of the Faculty of Science and Technology, are multiple:

- enrichment of the existing register of graduates of the Secretariat of the Department of Physiotherapy & Physiotherapy with data such as demographic characteristics, education data of graduates, work-employment data & characteristics, further evaluation of the quality of the studies provided by the MSc "Advanced Physiotherapy".
- Establishment & cultivation of stable channels of communication & links of cooperation between the Department of Physiotherapy & the graduates of the Department of all cycles of Studies.
- Cultivation of a spirit of team spirit and communityism in the context of mutual assistance and multifaceted support of both sides (P/T Department and graduates) with the ultimate goal of informing and disseminating the vision of the Department in society, the goal of which is "To make the Department of Physiotherapy of P.T. Public Pillar: National Health System (HSS) & Private Pillar (Private Hospitals-Clinics, Private Rehabilitation Centers & Private Physical Therapies) and society for sustainable development and social well-being " .

**Cooperation of the EA for the formulation of the Action Plan & Priorities:** The EA cooperates closely with the Secretariat, the President & General Assembly of the Department as well as the Director of the MSc regarding the formulation & elaboration targeted Action Plan & Priorities for the implementation of the aforementioned goals. In this context, the EA cooperated with the Director of the MSc, the President of the Department, the General Assembly as well as the Secretariat of the Department in the following:

- in the construction of a special questionnaire for MSc graduates. The objective of the specific tool was to collect data on the demographic, work

characteristics and assessment of learning outcomes of the general & specific competencies of the MSc graduates. For the construction of this specialized evaluation tool, the general framework of the University of Thessaly regarding graduates (PTH Liaison Office) was also taken into account and at the same time it was adapted appropriately to the needs and requirements of the MSc and the science of Physiotherapy.

- In the formation & operation of a special link on the website of the Physiotherapy Department ( <https://physio.uth.gr/alumni/> ) in which announcements, actions and other information will be posted and presented regarding the graduates of all study cycles (BSc, MSc & PhDs) of the Department of Physiotherapy of the University of Thessaly.

**Questionnaire for Graduates of the MSc (MSc) of the Lamia Department of Physiotherapy of the University of Thessaly:** The Alumni Committee, with the cooperation of all the aforementioned stakeholders, prepared the special questionnaire which includes 41 questions structured in the following thematic sections (The entire questionnaire is attached in the Appendices):

1. Alumni Demographics.
2. Graduate Education Details.
3. Graduate Work-Employment Data.
4. Graduate Work Features.
5. Evaluation of the Quality of Studies of the MSc "Advanced Physiotherapy".

**Questionnaire Distribution-Collection Process - Information-Consent to Legal & Secure Processing of Personal Data:** Questionnaire posted on Microsoft Forms ( <https://forms.office.com/r/eUVSwFQKhM> ) the link was distributed by personal e-mail to all MSc graduates. The Department of Physiotherapy & the University of Thessaly guaranteed the legal and safe processing of personal data, which is carried out with respect to the basic principles of personal data protection, which are imposed by Regulation (EU) 2016/679 of the European Parliament (General Data Protection Regulation - GDPR), i.e. the legality, objectivity and transparency of the processing, the limitation of the purpose of the processing, the minimization of the data, their accuracy, the limitation the storage period, integrity and confidentiality and, finally, accountability. More information is available at the following University of Thessaly link: <https://drive.google.com/file/d/1xPlwPYr1pQKBHzIXq-758v7zJfQQxO9x/view?usp=sharing>

**MSc Alumni Questionnaire Results:** The questionnaire was distributed to all graduates (Total: 19 graduates) and 16 MSc graduates completed it (84% participation rate). Below are presented the most important findings of the responses per thematic section.

### **1. Demographic Information of Graduates.**

Gender : 11 women, 5 men,

Married: 4,

Singles : 12,

Married with children : 2,

Age:

maximum 52 years old,

minimum 26 years old,

**M.O 31.8 years old** ,

Residence:

Athens 5,

Piraeus 1,

Voula Attikis 1,

Megara 1,

Kamena Vourla 1,

Volos 1,

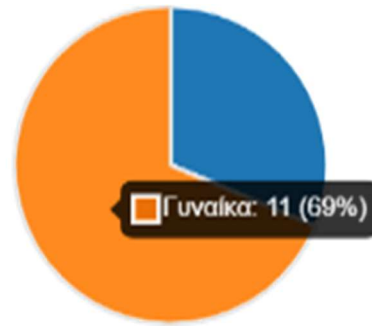
Larissa 2,

Edessa 1,

Ptolema I da 1,

Argos Orestiko 1,

Chania 1.



## 2. Details of Graduate Education.

Basic degree acquisition department :

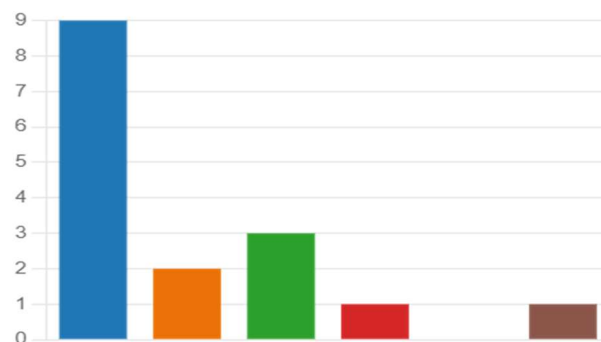
University of Thessaly 9,

University of Western Attica 2,

DIPAE (Thes/ki) 3,

University of Patras 1,

University abroad 1.



Year of introduction: 2020 (14 graduates) & 2021 (2 graduates).

Year of graduation : 2022 (16 graduates)

MSc Grade:

Welcome (5-6.50): 1

Very welcome (6.50-8.50): 13

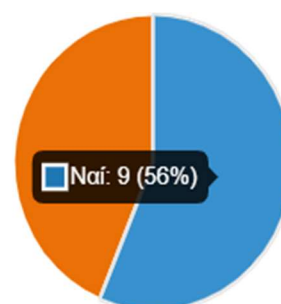
Excellent (8.50-10): 2



Do you wish to continue your studies to obtain a PhD ?

Yes: 9

No: 7



### 3. Details of Work-Employment of Graduates.

Are you working at this time ?

Yes: 16

Where do you work ?

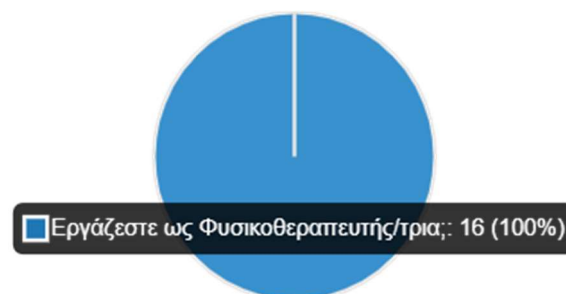
Hospital: 1

Rehabilitation center: 2

Physiotherapy : 9

Home remedies: 7

Special School: 1



### 4. Graduate Job Characteristics .

How many years have you been working as a Physiotherapist?

Minimum price: 2 years

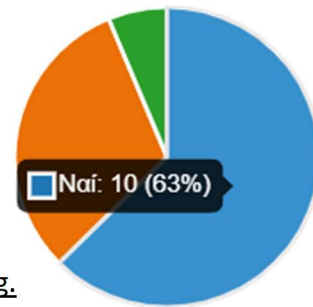
Maximum value: 28 years

M.O.: 9.8 years

### 5. Evaluation of the Quality of Studies of the MSc "Advanced Physiotherapy" .

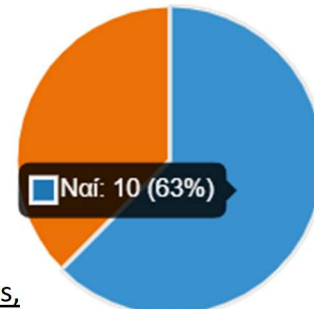
Are you satisfied with the level of study of the postgraduate program of the Department of Physiotherapy of the University of Thessaly that you attended ?

Yes: 10  
Probably yes: 5  
Neither yes nor no: 1  
Probably not: 0  
No: 0



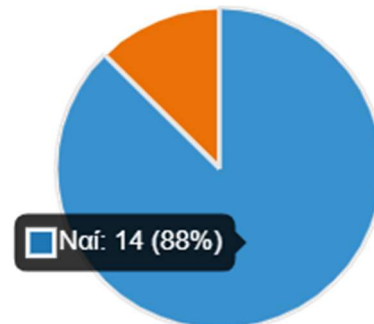
Are you satisfied with the level of logistical infrastructure (e.g. research equipment, facilities) of the postgraduate program of the Department of Physiotherapy of the University of Thessaly ?

Yes: 10  
Probably yes: 6  
Neither yes nor no: 0  
Probably not: 0  
No: 0



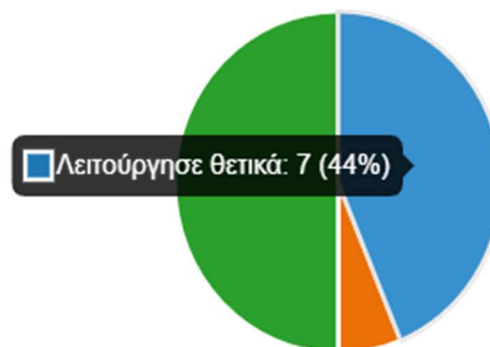
Are you satisfied with the level of digital services (e.g. eclass, VPN, accessibility to electronic sources of articles or computer programs) of the postgraduate program of the Department of Physiotherapy of the University of Thessaly ?

Yes: 14  
Probably yes: 2  
Neither yes nor no: 0  
Probably not: 0  
No: 0



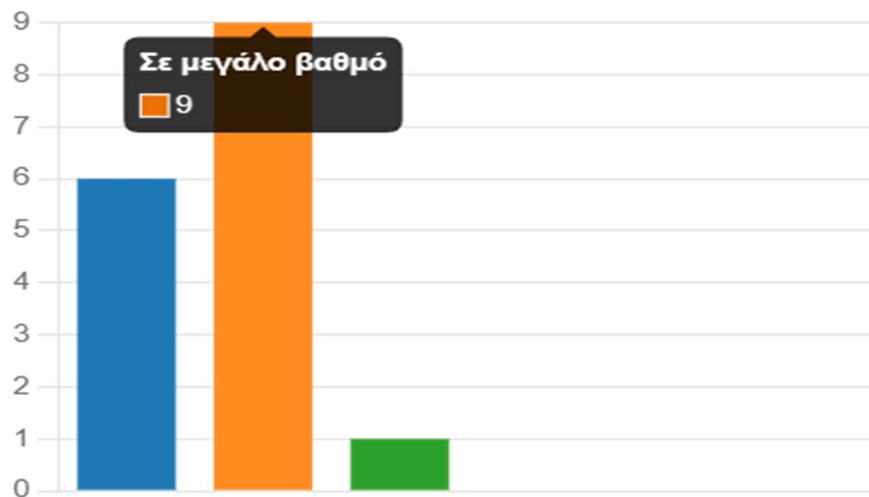
What role did the fact that you graduated from that particular master's program play in finding a job?

It worked positively: 7  
It worked rather positively: 1  
It did not work either positively or negatively: 8  
It worked rather negatively: 0  
Worked negatively: 0



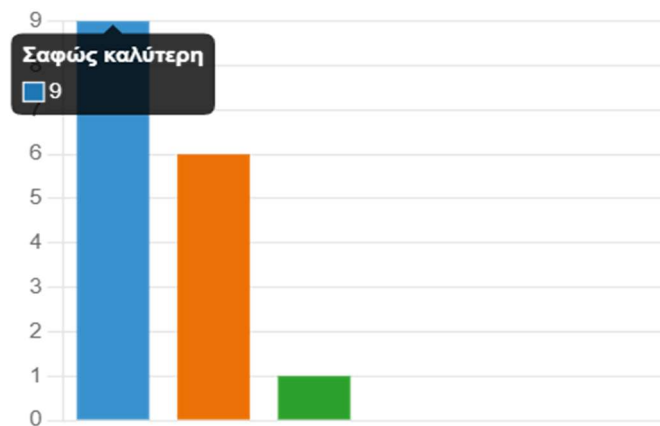
To what extent has the knowledge you acquired from the postgraduate program of the Department of Physiotherapy of the University of Thessaly helped you in your daily work as a Physiotherapist ?

To a very large extent: 6  
 To a great extent: 9  
 Moderately: 1  
 To a lesser extent: 0  
 Not at all: 0  
 I do not work as a physical therapist: 0



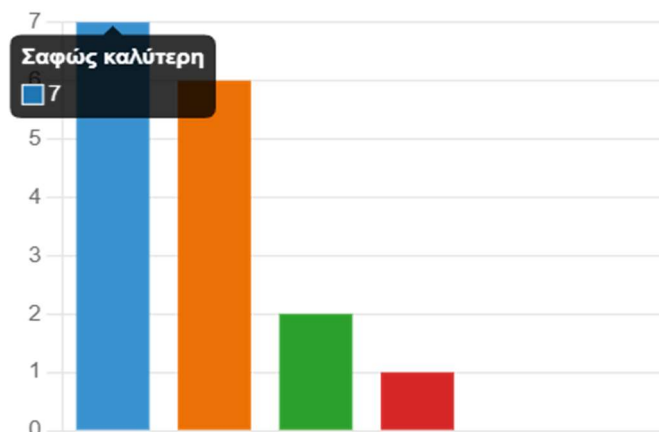
How do you evaluate the research know-how that the MSc of the Department of Physiotherapy of the University of Thessaly gave you in relation to what you expected ?

Definitely better: 9  
 Probably better: 6  
 Neither better nor worse: 1  
 Probably worse: 0  
 Definitely worse: 0  
 I don't know/don't answer: 0



How do you evaluate the knowledge that the MSc of the Department of Physiotherapy of the University of Thessaly offer you in relation to what you expected ?

Clearly better: 7  
 Probably better: 6  
 Neither better nor worse: 2  
 Probably worse: 1  
 Definitely worse: 0  
 I don't know I don't answer: 0



Write below what are those features of the master's program that make it stand out and which you think it should keep.

- *"Research character, modernized facilities, specialized staff".*
- *"Science, high level of studies".*
- *"Organization, consistency, high level of knowledge delivery."*
- *"There was specialization in knowledge."*
- *"The research expertise it provides."*
- *"The level of the teachers is excellent."*
- *"High level of knowledge of the teachers and the wide range of fields of physical therapy that he deals with."*
- *"It provides motivation for the search for new applications with a variety of means in Physiotherapy. High level of knowledge. Possibility of research development".*
- *"Learning research methodology, modern and evidence-based evaluation systems, focusing on the consolidation of each student's critical thinking (without adhering to a single theory or approach technique)".*
- *"The characteristics that stand out and must be preserved are: The professors (scientific background, immediacy, guidance and support), logistical infrastructure, broad master's subject, weekend courses to facilitate employees."*
- *"High level of knowledge, high training of instructors, Multiple clinical interests."*
- *"Many areas of physiotherapy interest".*
- *"The organization".*

Write below which features of the master's program are negative and you think should be changed.

The stressful nature of the first semester and the impossibility of preparing a systematic review in the context of a diploma thesis

- *"More practical application, less academic pressure."*



- *"Too much work in a short amount of time."*
- *"When I watched it there was no part time option."*
- *"The remote process due to the pandemic has not been particularly easy for some courses."*
- *"The directions of the master's degree are more distinct and not so general."*
- *"Workload (?)".*
- *"I can't find any negatives. I consider it the most comprehensive MSc in the field of physical therapy in Greece".*
- *"Better distribution of matter with respect to time."*
- *"It is particularly demanding especially for people who work full time, and there should be a provision for that. And for students who have graduated many years ago, perhaps extra marks should be given to cover the gaps where they exist."*
- *"Teaching program regarding lesson times & teaching methods in certain subjects".*
- *"Communication with students".*

What else would you like to suggest in order to improve the quality of studies offered by the postgraduate program of the Department of Physiotherapy of the University of Thessaly ?

- *"More external workshops (eg Hippotherapy), more emphasis on how to conduct research and systematic reviews, certified training in statistical programs (eg SPSS)."*
- *"More Detailed Course in Statistics".*
- *"Nothing".*
- *"To have the possibility for those who work in part time monitoring, (admission students 2020)".*
- *"There should be more time in statistics class."*
- *"Overall, I was quite pleased with the whole curriculum, perhaps a little more emphasis (time) could be added to the practical part of the workshops. However, since we happened to attend the master's while we were in lockdown, I think it really made the best of it!"*
- *"The introduction of directions (eg general direction, musculoskeletal direction, neurological etc.), and this mainly concerns those who seek specialization in a MSc".*
- *"More direct connection of new and modern academic data to clinical practice".*
- *"More Lab Lessons."*
- *"Communication with students".*